

# Trauma and the Avoidant Client

Engaging traumatised clients who avoid attachment, closeness, and painful feelings

Professor Robert T. Muller (York University, Canada)

**ONLY NZ TALK  
-RARE OPPORTUNITY-**



Robert T. Muller (PhD, C.Psych) trained at Harvard University, and is currently a Professor of Clinical Psychology at York University. Dr Muller has over twenty years experience in the areas of trauma, attachment, and psychotherapy. He is the author of the award-winning psychotherapy book **Trauma and the Avoidant Client: Attachment-Based Strategies for Healing**. Dr Muller is currently the lead investigator in a multi-site programme for the assessment and treatment of intra-familial trauma and maintains an active private practice in downtown, Toronto, Canada.

Dr Muller will show how to work with such hard-to-treat clients using a relational, psychodynamic approach. The individual is encouraged to mourn losses, face vulnerabilities, and regain a sense of trust in others. This workshop will focus on practical clinical technique. Theory is complemented by case and session examples, and role playing exercises.

## Learning objectives:

- Recognise characteristics of avoidant attachment
- Productively use trauma-related symptoms
- Maximise client engagement throughout the process
- Work with affect
- Recognise and use client transference
- Effectively manage and use therapist counter-transference
- Plan for the termination phase

This workshop is designed for psychologists, psychotherapists, social workers, counsellors, and health/mental health professionals working with clients coping with trauma or trauma-related problems and symptoms.

## TWO DAY WORKSHOP

**9am to 4pm, Thursday 7th & Friday 8th May 2015**

Register now and pay \$575 (including GST)

including a copy of Dr Muller's book

Register after April 17th and pay \$690 (including GST)



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